



Update from the Consortium of Lancashire & Cumbria LMCs

Tuesday 2nd April

Help us grow our audience - LMC Distribution list

We would like to grow our LMC audience. If you know any GPs or PMs in your practice that don't receive this Brieflet and/or is not on our distribution list, please ask them to [get in touch with us!](#)

General Practice Alert State (GPAS)

You can see the latest SitRep results [on our website](#).

Submitting your GPAS status is the only objective way we (at the LMC) have to demonstrate all the exceptionally hard work you are doing in Primary Care especially to our stakeholders and the ICB. Also, unless we receive regular and accurate submissions, we will not be able to determine when there are workload spikes that indicate when General Practice is in distress. **Please help us help you.**

The data helps us gather a true picture of the pressures practices are under. When completing the GPAS form please ensure that you are inputting the correct numbers to avoid incorrect data.

[Please let us know](#) if you are a Practice Manager and do not receive the GPAS input emails.

Rebuild General Practice - Patient engagement toolkit

The Rebuild General Practice team have launched a patient engagement toolkit – a collection of materials that will help GPs to convey the crisis in general practice to their patients.

Find all the materials here: <https://rebuildgp.co.uk/campaign-assets/patient-engagement-toolkit>

1. 🗣️ Ask your patients and/or friends to join Rebuild General Practice in calling on government to fix the crisis, using the templates in the toolkit (MP letter, social posts, etc.)
2. 📺 Display the patient engagement animation on the screens in your surgery to show patients the reality of the crisis and let them know how they can help (See animation below)
3. 📱 Share social media thread – and post your own: [Rebuild General Practice - GP social media posts - Google Docs](#)
4. 📧 Encourage GPs and colleagues in general practice to do the same by sharing materials with them.

Rebuild General Practice is all about unity. That's unity within the profession, unity within the NHS, and, crucially, unity with the wider public.

GPs and patients want the same thing – to give and receive the best care. No longer will we let the media and government pit us against each other.

Guidance on conditions for which over-the-counter items should not routinely be prescribed

NHS England has published new guidance on conditions for which over the counter items should not be routinely prescribed in primary care: [NHS England » Policy guidance: conditions for which over the counter items should not be routinely prescribed in primary care](#)





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GP Registrars survey highlights increased levels of burnout and worries about future

A [survey by the BMA's GP Registrars Committee](#) showed that qualified doctors who are training to become GPs in the UK are facing increased levels of burnout and are worried about their career and health prospects early in their careers.

In addition, under 10% of those who took part in the survey said they intend to work as a full-time GP, with just less than 20% stating that they feel confident of their future as a GP working in the UK.

Fixed Term Contract – Prevention of Less Favourable Treatment (LMC HR Guidance)

Please see guidance [here](#) within our HR Hot Topic section of the website.

Please contact the [LMC HR](#) team for further queries.

LMC Vacancies

2 out of our 5 Committees have seats available for GP representation:

- Lancashire Coastal - 4 seats available
- North Cumbria - 2 seats available

We are keen to hear from GPs, including GP Registrars/ Trainees, who may wish to get involved to represent your constituents. Please let us know if you are interested in being a LMC member or would like to find out more.

LMC Partnership Agreement Drafting Service

The LMC offers a bespoke Partnership Agreement Drafting Services for our Practices across Lancashire & Cumbria.

We are partnered up with a specialist law firm led by a legally qualified team who specialise in partnership and contract law to ensure legal accuracy.

Having an up to date partnership agreement in place protects you as an individual and your practice, identifying responsibilities and obligations of partners at a practice. It is a vitally important document which should be agreed in advance with any incoming partner.

DID YOU KNOW?

